

2019—2020 Annual Report



HEALING LODGE

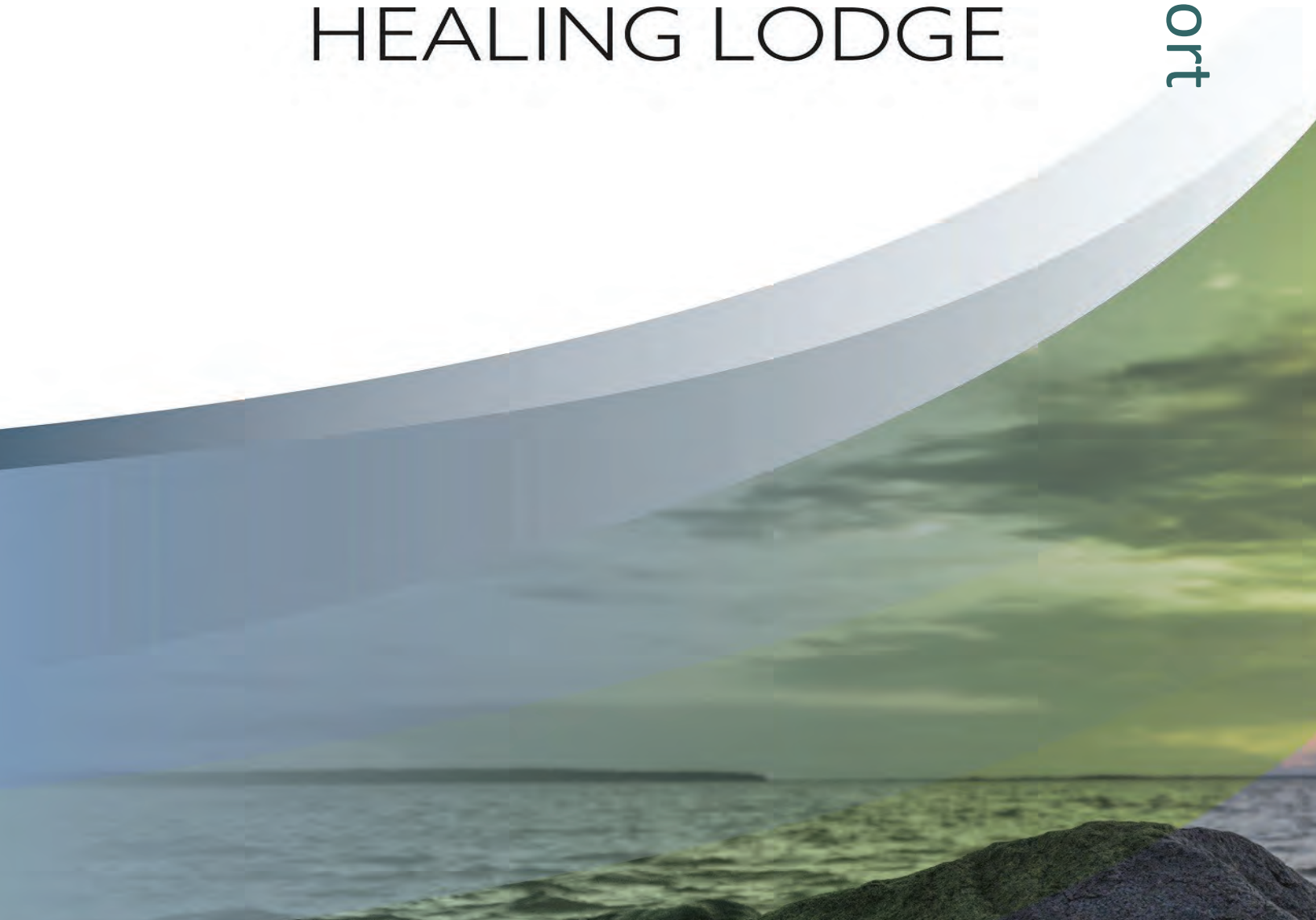


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Organization Name Change Information

New Name:

Mikaaming Mino Pimatiziwin Healing Lodge Inc.

Through Motion #28-2019-20 (October 2019), the Board of Directors actioned the change of the organization's name to Mikaaming Mino Pimatiziwin Healing Lodge Inc. This name was received with the direction and guidance of a Traditional Ceremony to ensure proper protocol. Our local elders were then asked for their input on the spelling and interpretation. One Sagkeeng First Nation elder expressed that the name of the organization is to be inclusive of everybody who is finding, or walking, the good life. Consideration was also given to the dialect of the community of Sagkeeng.

The name explained in detail by Elder J. Daniels -

“Mikaaming means that we are all finding something together as a whole because we are all connected. Our culture is not individualistic. It is about the family and togetherness. Mikaaming Mino Pimatiziwin means that we are all finding that good life or good road together.”





HEALING LODGE

MISSION

The Healing Lodge is a nationally accredited facility that honours the strengths and gifts of the First Nations and Inuit families we serve by providing a culturally focused program in a safe environment that supports healing for people who use substances.





HEALING LODGE

VISION

The Healing Lodge strives
for excellence in the
support of hope and
healing.





Mikaaming Mino Pimatiziwin Healing Lodge Grand Re-Opening, Aug 9 2019

The unveiling of the new name, Mikaaming Mino Pimatiziwin Healing Lodge Inc., our new logo, and the Grand Re-Opening of the facility occurred on August 9, 2019. The partners in attendance included: Sagkeeng First Nation Chief Henderson; Councillor Henry Swampy; Councillor Erin Courchene; Vince Henderson, Mike Houde, & Nancy Lailiberte from Indigenous Services Canada (FNIHB); Eric Ducharme of Oodanooketoh Engineering Inc.; Ron Van Denakker of Interlake Eastern Regional Health Authority; Ben Fry of Addictions Foundation of Manitoba; and Shohan Illsley of the Manitoba Harm Reduction Network. The Board of Directors were pleased to also have many community members join the festivities, including many elders and one who did an excellent job of translating the Anishinabe name of the organization. Elder Joe Daniels explained that the name expresses that “we are all finding that good life together” as we are all connected.



In Honor and Memory of Albert Tait



© Gerald Kuehl

Albert joined the former Sagkeeng Mino Pimatiziwin Family Treatment Centre on July 18, 2012 and was instrumental in approving the new name, Mikaaming Mino Pimatiziwin Healing Lodge. He genuinely spoke for all people who needed support on their healing journeys by sharing his knowledge, his story about his own healing journey, his traditional culture, and his love for all people. He would often speak about the teachings of *kisêwâtisiwin* (kindness) which he carried so effortlessly wherever he went. Albert missed just one Board Meeting which was due to a snow storm. His heart was set on making sure our First Nations and Inuit people were being provided with genuine, quality care. He ensured MMPHL's governing body was grounded in the traditional teachings and, as a result, he was always relied upon to do the opening and closing prayers at every Board Meeting. Speaking in his Cree language, Albert's prayers came from his heart which reminded us to be true and honest to ourselves and to each other.

The MMPHL staff, managers, and Board of Directors will always remember Albert's kindness, compassion, and the gratitude he showed for the work that we all do. We will never forget his great sense of humour and his big, beautiful smile. He would often tell jokes about how the Cree people were better than the Ojibway people which had everyone laughing in their seats. When asked how he was doing, Albert would often say, "Well..... I'm full of sh^t and eff'd up but I'm ok!" That was his way of reminding us that we all have our troubles but we continue to move forward in life anyway.



INTERIM PRESIDENT'S MESSAGE

Boozhoo!

The Board of Directors extend a warm greeting to the staff, clients, community members, leadership and Elders. This year, unlike any before witnessed, has been impacted by a worldwide COVID-19 pandemic. As a result, there has been and will continue to be significant changes to every NNADAP funded program across Canada. This new novel coronavirus will no doubt continue to have major impacts to our First Nation communities, and to our operation, until there is a vaccine to combat it.

Rest assured, our Healing Lodge is committed to maintaining services and offer healing to any family or individuals being impacted by alcohol and other mood-altering drugs. The Board of Directors continue to support and work with the staff, clients, community members, leadership and Elders.

This year we legally changed our name from Sagkeeng Mino Pimatiziwin Family Treatment Centre to Mikaaming Mino Pimatiziwin Healing Lodge (MMPHL), effective September 26, 2019. This new name was sought out through a traditional ceremony which also provided direction to developing our new logo. Additionally, our former Chairperson, Ms. Lynn Courchene, resigned from the Board of Directors role on March 24, 2020. The Board is grateful for her years of leadership and commitment to the Healing Lodge.

The Board of Directors for 2019-2020 include:

- Addictions Specialist Representative - Interim Chairperson - *Ron Linklater*
- Sagkeeng First Nation Representative - *Justin L. Courchene*
- Sagkeeng First Nation Representative - *Marcella Fontaine*
- Northern Manitoba Representative – *Albert Tait*
- Grand Council of Treaty #3 Representative - *Kathy Kishiqueb*

INTERIM PRESIDENT'S MESSAGE

Our Executive Director, Bernalda Robinson, keeps us regularly informed on important new developments, key messages and highlights, and many community ventures ranging from the Sagkeeng Youth Day Event to the Community Paint Nights.

The following are the policies that MMPHL are governed by in terms of communications and release of information:

MMPHL GOVERNANCE POLICY: BOARD AND ORGANIZATIONAL COMMUNICATIONS

Formal Board Communications:

7.2 Formal Board Communications

- a) The Executive Director communicates on behalf of, and represents the organization.
- b) The Chair communicates on behalf of, and represents the Board of the organization.
- c) Individual members of the Board shall refer all enquiries to the designated spokesperson—typically the Chair and Executive Director. This applies to event invitations, media, public, management, staff and other stakeholder requests and communications.

7.3 Informal Board Communications

Individual Directors will inevitably and legitimately have informal communications with stakeholders, including staff members of the Healing Lodge. In all these instances it is incumbent upon Directors to be explicitly clear that they are communicating in a personal capacity.

7.4 Media Relations

- a) In the interest of keeping Directors abreast of issues involving the organization, the Chair and Executive Director will ensure that they receive relevant media and other communication on the organization's activities and business.
- b) In instances where the issues are high profile or contentious, the Chair and Executive Director will ensure that Directors receive key messages at an appropriate time via email.

OPERATIONS POLICY# 2.12 RELEASE OF PUBLIC INFORMATION

POLICY : No employee shall release information to the media concerning the Mikaaming Mino Pimatiziwin Healing Lodge nor may an employee call a press conference without written permission from the Executive Director.

PROCEDURES

- a) A written request for the release of public information shall be made to the Executive Director.
- b) The Executive Director must pre-approve the release of any information.

On behalf of the Board we wish everyone a safe and healthy new year.
Miigwetch,

Ron Linklater, Interim Chair

EXECUTIVE DIRECTOR MESSAGE

Due to the ongoing delay in capital renovations, the MMPHL was very creative in ensuring that mental health support was provided to the community of Sagkeeng First Nation and surrounding communities.

MMPHL partnered with many other organizations, including the town of Powerview/Pine Falls, to coordinate the 2019 Sagkeeng Youth Day on April 24, 2019. Over 600 students from Sagkeeng, Powerview, Black River and Sargent Tommy Prince Schools registered for the 'Act of Kindness' Conference. The event was held at the Sagkeeng Arena which involved various information booths, inspirational talks with Brigette Lacquette (The first Manitoba Indigenous woman to play in the IIHF Women's World Championship with team Canada in 2015) and Michael Champagne (community activist & public speaker); performances by the Wanipigow Shool band, Live Different Production, and Rocking for Choices Production.

Additionally, our Support Workers hosted and or coordinated the following:

1. A feast in honor of the Midget A Provincials Champions as well as to acknowledge Sagkeeng's local hockey players, Carter and Connor Courchene, for their involvement with the Eastman triple A hockey provincials championship. The feast was held at the Community/MMPHL Gymnasium on April 4, 2019.
2. Activities for the Elders at the GMGCC included bingos and other board games.
3. Rattle Making & Paint Night for community members
4. Sagkeeng & Little Black River School presentations on Communication Building, Cyber-Bullying, Teen talk, Mental Wellness, & Health & Safety. Each presentation was evaluated by the students and the teachers.
5. Anishinabemodaa – Let's speak Anishinabemowin with Wanda Barker (May 23rd)

We also continued with the November 2018 Piloted Out-Patient/Day Program project for people struggling with substance misuse and/or overuse. This was made possible through an agreement with the Interlake Eastern Health Authority for space at the Pine Falls Health Complex. The first cycle at the new site commenced on October 28, 2019 and we had 3 admission dates with the 3rd intake resulting in an early discharge due to the COVID-19 pandemic. Our Out-Patient Program provides counselling, education, life skills, option to participate in cultural/traditional ceremonies, advocacy, and introduction to harm reduction interventions.

I am truly grateful for the wonderful team at Mikaaming Healing Lodge. The staff are very resilient, flexible, and committed to helping our people on their healing journeys. Their energy and drive is unwavering which is very admirable.

EXECUTIVE DIRECTOR MESSAGE

The following chart identifies the **Capital Project upgrades** to our facility:

<input type="checkbox"/>	Complete Aug 2019	Outcome: <ul style="list-style-type: none">* upgraded roof* new windows* 5 new office spaces* 1 new family suite* upgraded electrical & lighting in some areas* new cooling system for suites* a vapour-sealed, well ventilated and lighted crawlspace* positive drainage away from the building <p><i>* All new functional spaces created within existing building footprint (ie. no physical building expansions) resulting in shortage of space.</i></p>
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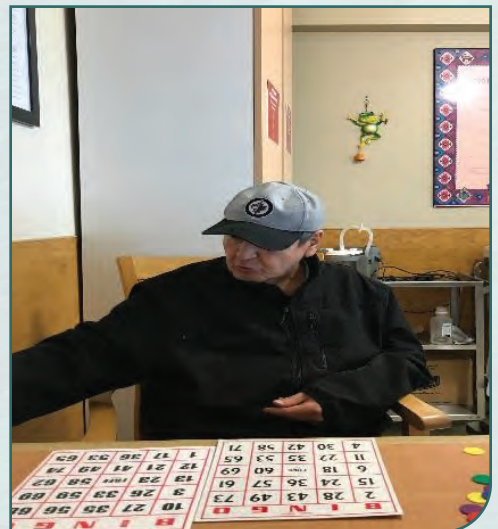
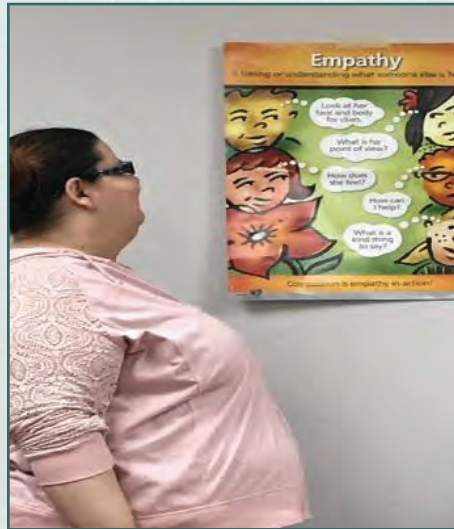
MMPHL's Future Plans:

<input type="checkbox"/>	<ol style="list-style-type: none">1) To gain support for the approval of MMPHL's Expansion Proposal submitted to Health Canada (FNIHB) in December 2017:<ol style="list-style-type: none">a) To receive additional funding for the new family suite;b) To operate a Withdrawal Management Unit;c) To operate a Non-Residential Treatment Program (Day Program);2) Interim – Pilot Out-Patient/Day Program with partners;3) Fill in gaps related to Harm Reduction & Land-Based Treatment Programs.
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Bernalda Robinson,
Executive Director

EXECUTIVE DIRECTOR MESSAGE

Photo's taken of MMPHL's Activities facilitated by our Resource Teacher & Support Workers



EXECUTIVE DIRECTOR MESSAGE

Anishinabe language classes were held every week for MMPHL staff from April 2019 to July 2019. While much was learned by those who attended, a small piece included the following prayer which was practiced and provided to all:

Anishinabe Anamewin

Boozhoo Gizhe' Manidoo

Greating loving Creator

Ginosisinan Gizhaawendangos

Our Father is so kind

Nimaamaa Aki Gizhaawendangos

Mother Earth who is so kind

Ginanakomin/gimiigwetchimin

I thank you

Gakinaa Awiiya Gakinaa Awiiya

You also

Nimooshomisag/Adsookanag Endaso Wendanimag

The Grandfathers of the Four Directions

Ginaakominim/ Gimiigwetchiminim

I thank you,

Gagiiminzhiiyang Owe: Izhkode, Nibi, Bagidinaamoowin, shigo Miijiwin

For the gift of the Fire, Water, Breathe and Food

Gaagige' Minaawa Gaagige

Forever and Ever

Zhaawenismishin/ Gidaamagitoowishin Gizhe' Manidoo

Love us pity us loving creator.

RESIDENTIAL PROGRAM REPORT

This reporting period is from July 2, 2019 to March 17, 2020 and will provide a summary of operations and new developments. It will also include data retrieved from the Addiction Management Information System (AMIS), Native Wellness Assessment, Incident, Injury, Near Miss (IINM) report and Unite Data Base program evaluation for classroom & daycare, cultural and overall participant program evaluation.

2019-2020 Program Cycle Schedule

- July 2 – August 8, 2019
- August 26 – October 11, 2019
- October 21 – December 6, 2019
- January 6 – February 21, 2020
- March 9, 2020 – April, 2020 (program closure March 17 due to Covid 19 Pandemic)

After being closed for fifteen months for construction, Mikaaming Mino Pimatziwing Healing Lodge re-opened its doors for program intake on July 2, 2019. The lodge was operational from July 2, 2019 to March 17, 2020 and offered 5 residential cycles for the year. Generally, 6 residential programs are offered per year but due to timeline of construction completion this was not possible.

The families during these cycles were the first to experience the Lodges new changes to the building, some work space areas, and the new family suite. The physical changes to the building included the move of reception area, creating a program session room, improved shared Support Worker office space, and an additional family suite. In MMPHL's 2017 expansion proposal an additional suite was identified to be able to expand residential services. The suite is not officially funded in the current contribution agreement with Indigenous Services Canada. MMPHL has approached Sagkeeng Child and Family Services to utilize the suite at cost, thus creating a partnership to support more local families to be able to access services when possible. All standard intake requirements apply and family readiness is essential to the process.

Addiction Management Information System (AMIS) Data Reporting;

Residential Intake for period: Adults	MALE: 12	FEMALES	22
Children: 0+ - 18 years	MALES 28	FEMALES	26
Total # of Individuals:	88		
Total # of Families:	22		

RESIDENTIAL PROGRAM REPORT

Native Wellness Assessment:

The Native wellness assessment tool was created by Thunderbird Partnership Foundation to demonstrate how wellness is promoted by regular involvement in cultural activities and ceremonies. The assessment tool is administered at intake and at discharge for each adult.

The results below, albeit simplified, show how regular involvement in cultural activity such as smudging, morning prayer, sweat lodge ceremonies can strengthen connection to culture and improve overall wellness.

Regular participation in cultural practices supports the development of a strong connection and this leads to wellness. Consider whether the client’s connection strengthened over time no matter how often a client participates. The variety of cultural practices is repeated below to facilitate easy discussion. (Retrieved directly from TPF website)

Category 1	Category 2	Category 3
1 Smudging	12 Fishing/ hunting	28 Shaker / hand drum making
2 Prayer	13 Spiritual teachings	29 Naming Ceremony
3 Sweat lodge Ceremony	14 Water as healing	30 Water bath
4 Talking/sharing circle ceremony	15 Use of sacred medicines	31 Blanketing / welcoming
5 Nature walks	16 Community cultural activities	32 Cultural events / marches
6 Meaning of prayer	17 Fire as healing	33 Dream interpretation
7 Use of drum/ pipe/ shaker	18 Story telling	34 Land-based / cultural camp
8 Sacred medicines	19 Culture-based art	35 Ghost / memorial feast
9 Use of natural foods	20 Pipe ceremony	36 Hide making / tanning
10 Ceremony preparation	21 Sacred places	37 Fasting
11 Cultural songs	22 Use of native language	38 Horse program
	23 Creation story	39 Other taught / participated in /experienced
	24 Cultural dances / pow-wow	Other (name)
	25 Receiving help from traditional Healer/ Elder	
	26 Gardening, harvesting	
	27 Giveaway ceremony	

Taken from: <https://amis.ecenterresearch.com/ecrweb/index.php?r=outcomeReport/generateTemplate&ReportTemplateID=27>

Example; above is the chart of listed activities broken into 3 category’s that a participant will go through to self-evaluate their level of participation at intake and again at discharge. A connection to cultural practices can be anywhere from 1.00 (weak), to 2.00 (moderate), to 3.00 (strong).

RESIDENTIAL PROGRAM REPORT

The results below indicate that:

- category 1 had an increase of **.40%**
- category 2 had an increase was **.33%**
- category 3 seen a decline of **-.1%**

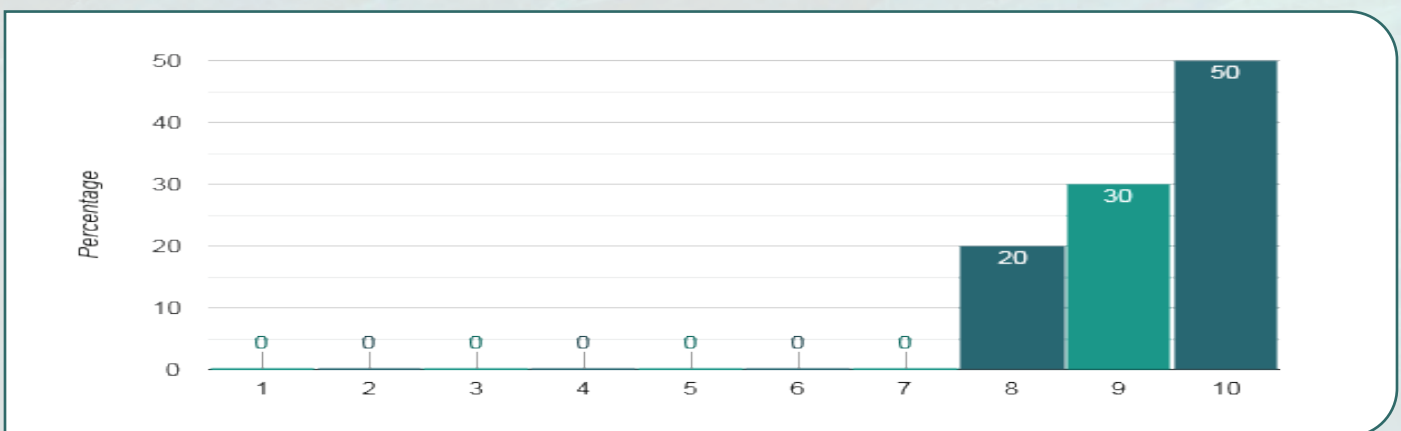
the results are comprised of all program cycles during reporting period

Individual connection to cultural practices:			
	Category 1	Category 2	Category 3
Self - Entry into program	2.11	2.11	1.91
Self - Exit from program	2.51	2.44	1.90
Results:	+.40%	+.33	-.1

The Lodge provides participants opportunities to partake in activities listed in category 1 and 2 which may be the reason for increase. The decline in category 3 could be due to many of the listed items are not practiced regularly to see an increase; some items like shaker (rattle making) and naming occur at least once per cycle for individuals.

It is very important for the healing lodge to know how our families feel about their participation in culture activities and to ensure that they feel safe and welcomed. Participants provide feedback by completing a cultural program evaluation:

Please rate your overall satisfaction during the cultural activities. (1 being dissatisfied and 10 being satisfied)



RESIDENTIAL PROGRAM REPORT

Participant responses to the questions “Explain how you felt about the MMPHL Cultural Component and how you and your family were treated? Do you have any recommendations that you feel that would benefit the cultural component of our Treatment Program?”

“Got my clan and colors. Family went to a sweat, treated us very welcoming”

I'd like to still go to sweats and learn more about our culture

It was really helpful and got us into the culture and wanting to continue it when leaving treatment

My girls received there spirit names, their colors and there clans, they attended sweats and went picking cedar they enjoyed there learning experience here.

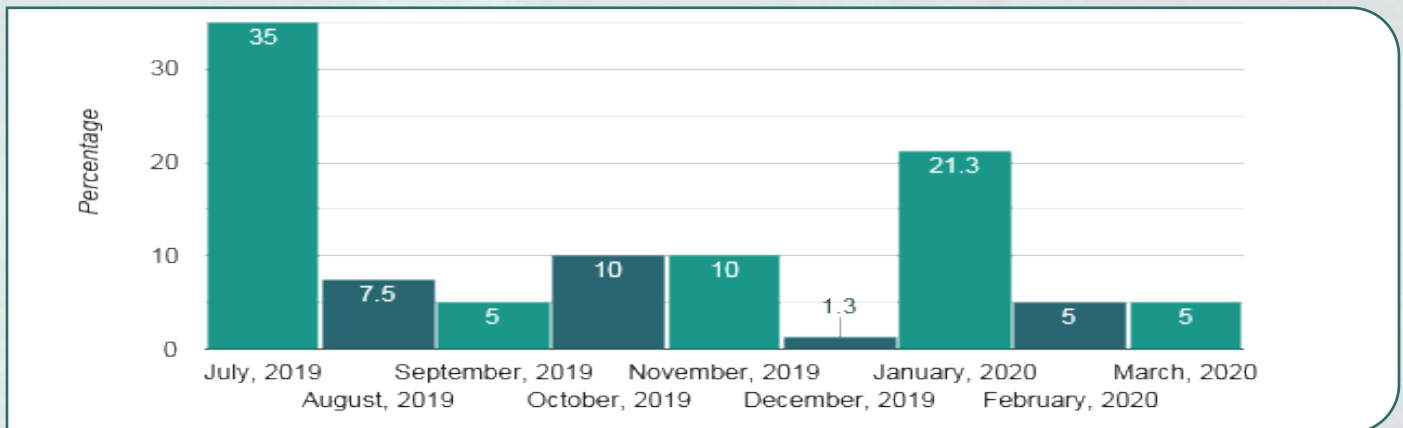
Thank you all. I have more items in my bundle and have name for my little one

The cultural component is the best thing about this center. Every center should do this.

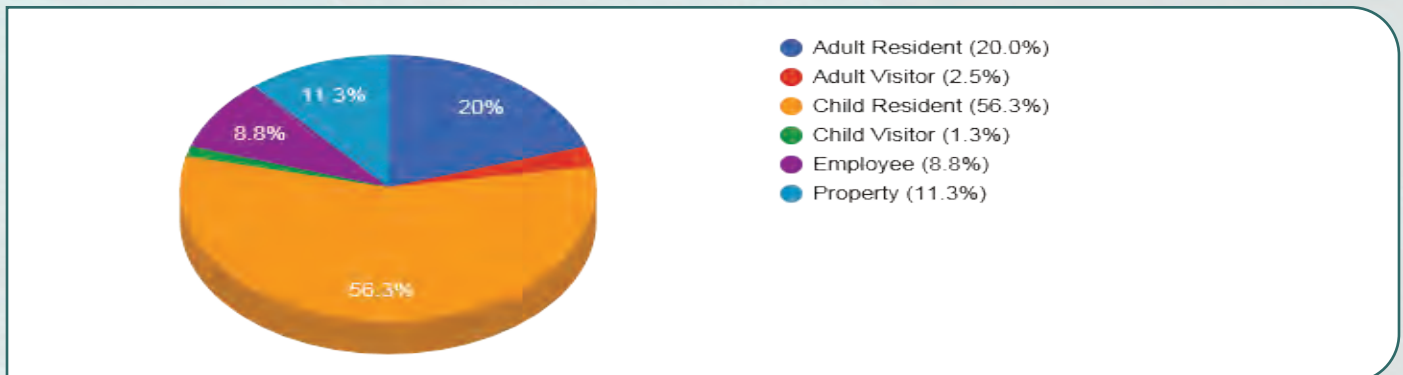
Yes my family and I were treated very good and respected. This experience was really good

Number of Incidents/Injuries/Near Misses Reported

80 cases were recorded from July 2, 2019 to March 17, 2020.

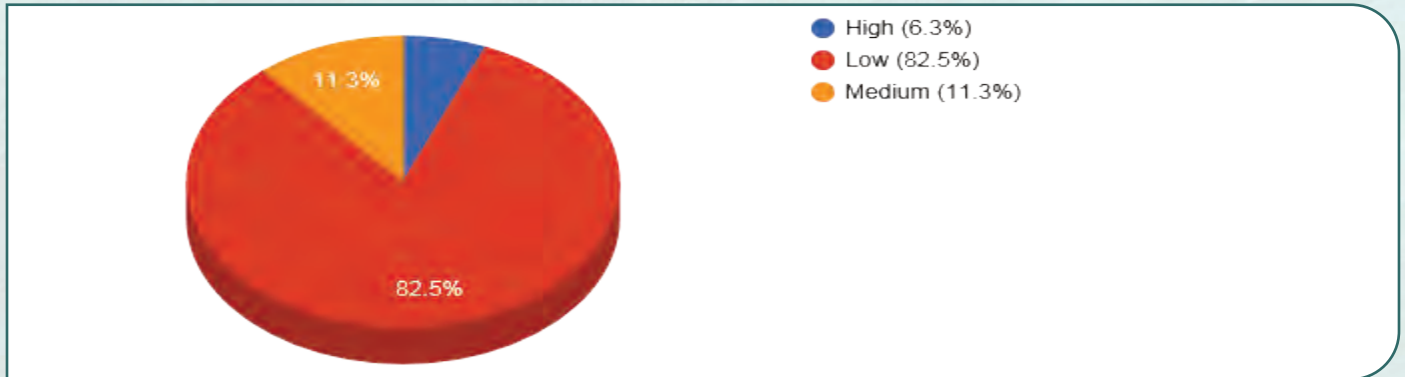


Affected Party



RESIDENTIAL PROGRAM REPORT

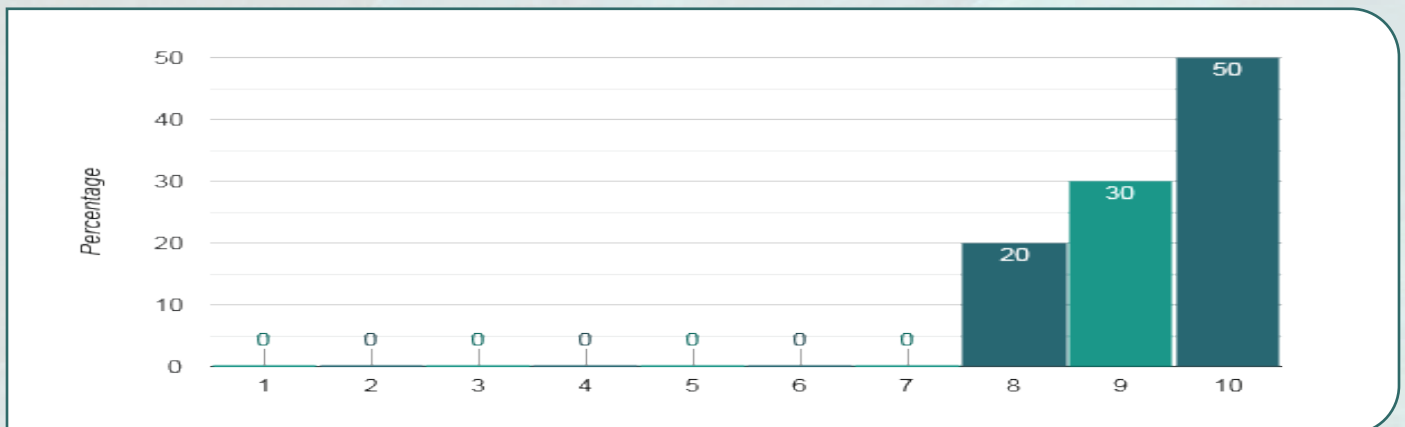
Risk Assessment



**Images taken from MMPHL Data Base*

MMPHL Internal Database

Please rate your overall experience while staying at Mikaaming Mino Pimatiziwin Healing Lodge Inc. (1 being dissatisfied and 10 being satisfied)



In comparison to previous year, program satisfaction appears lower with the range spread across the rating scale from 5 – 10 with 61.9% indicating satisfaction with their stay at the centre. Some participant comments to the question “what did you like the least about the centre?” long sessions, no weight room, not enough group participants that spoke Ojibwa, not enough school work in the classroom, people not being on time, food, and limited phone privileges and washer use for bedding.

RESIDENTIAL PROGRAM REPORT

Participants' response to the question "What did you like best about the Centre?"

"Being able to have my children with me"

"Being with my family"

"How everything was, I enjoyed everything here it was very helpful."

"I liked the programs they had cultural program"

"The cultural ceremony, healing, smudging, sharing circles, sacred fire, grandmother ceremony and mostly the daily sessions"

"The outings we had and the one on one talks with my counsellor"

"The staff and people were supportive and friendly"

"The support from all staff and the traditional ceremonies"

"Topic session and the ceremony part"

The lodge strives to ensure the feedback we receive is addressed to ensure the program meets our participants' needs. From time to time we may encounter issues of dissatisfaction and we will work with the individual or family to see how best it can be resolved in a timely manner. We do take into account, in our program planning, the recommendations made by participants to enhance our program for future participants.

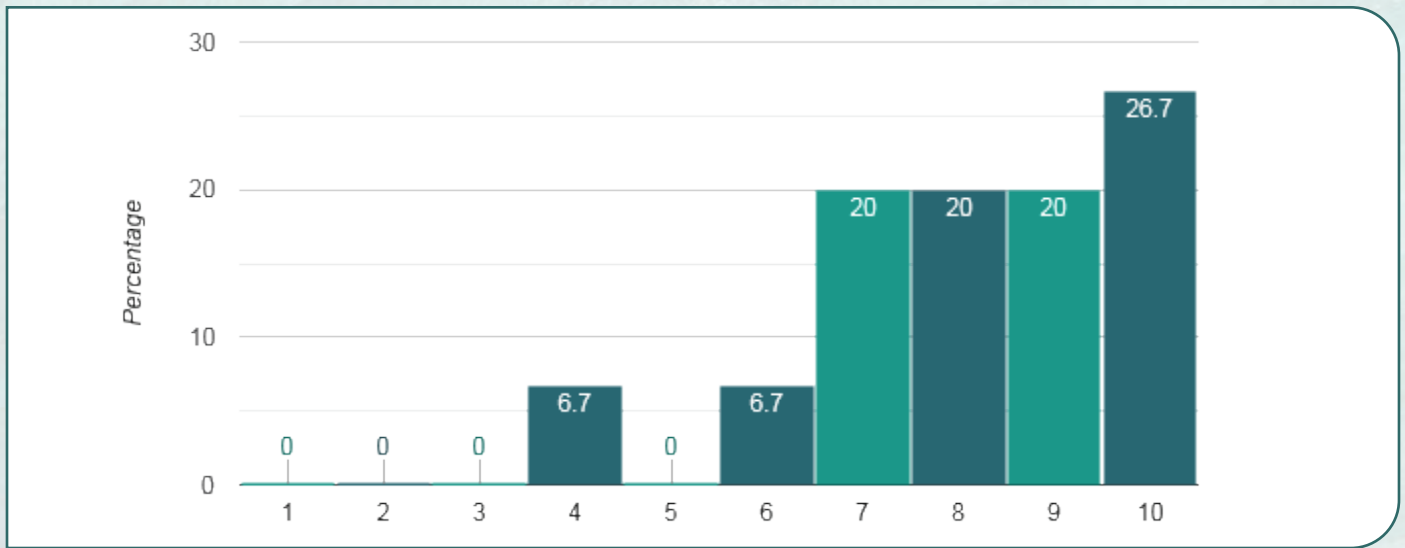
Classroom & Daycare

56 children and youth (64%) attended the lodge classroom and daycare. Children and youth make up more than half of our participants. Our classroom and daycare activity includes the 7 teachings as weekly themes; activities are created to engage children and youth to learn about the teachings and how to relate to one another.

The goals for the daycare generally revolve around meeting developmental milestones or specific issues the family is experiencing such as managing behavioral issues. The classroom focuses more on individual goals as they may revolve around learning, creating routine for completing school work and/or learning better ways to manage behavior.

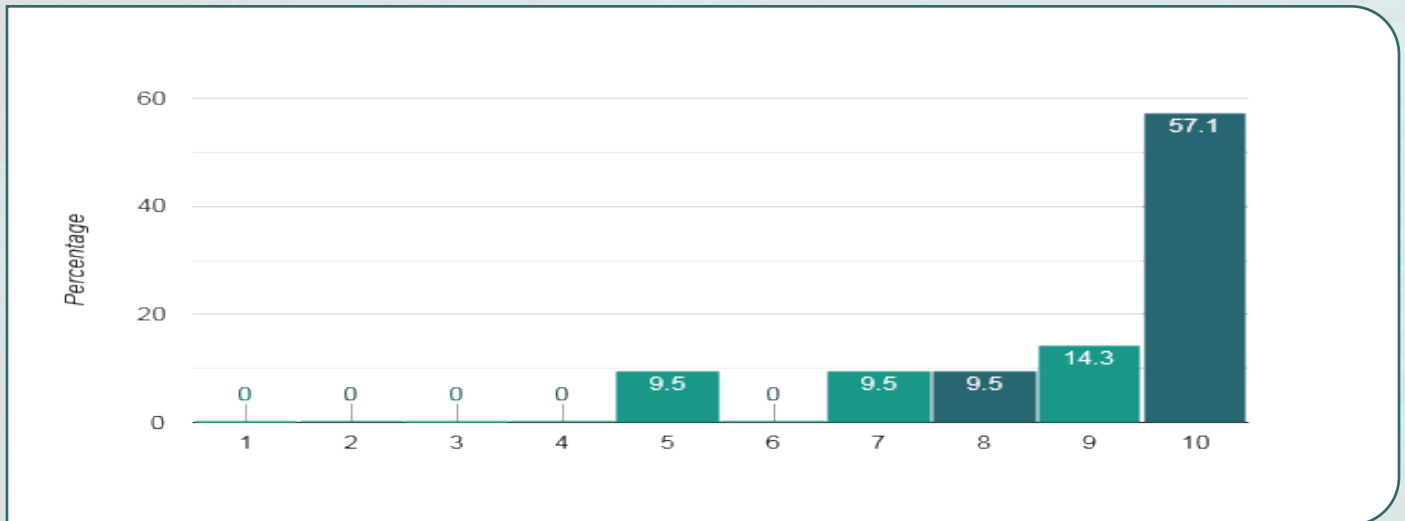
Participants response to the question "Do you feel that your child(ren) achieved their goals while in the MMPHL classroom?". **(1 being dissatisfied and 10 being satisfied)**

RESIDENTIAL PROGRAM REPORT



It is important to note that during this period the classroom was not staffed by a qualified teacher. The classroom was managed by Support Worker staff that can support children to complete school work brought from home and also deliver 7 teaching themes for the duration of a 7 week program. The lodge has a posting for a Special Education Teacher to join our team.

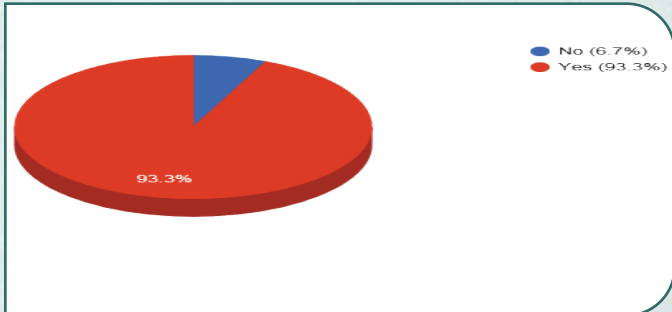
**Please rate your satisfaction in your child/children's care provided by the MMPHL daycare.
(1 being dissatisfied and 10 being satisfied)**



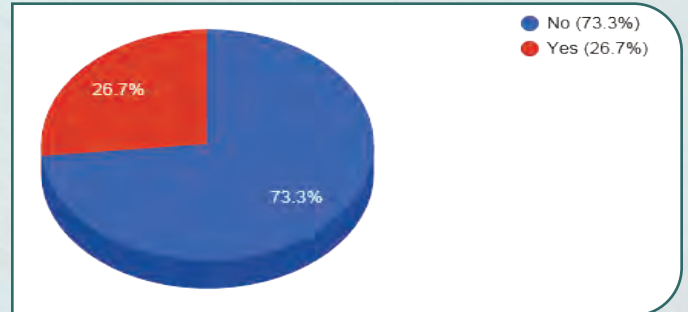
RESIDENTIAL PROGRAM REPORT

Two questions were added to the Classroom and Daycare evaluations to monitor physical activity and the use of the Anishinabamowin language; during this period the following feedback demonstrates that physical activity is promoted well in the classroom and daycare and language use needs to improve and be utilized more often to have an positive effect.

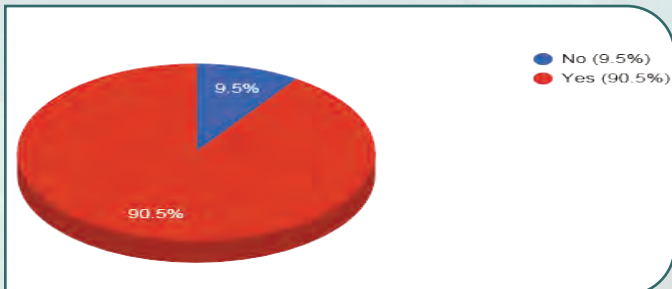
Is physical activity promoted in the classroom?



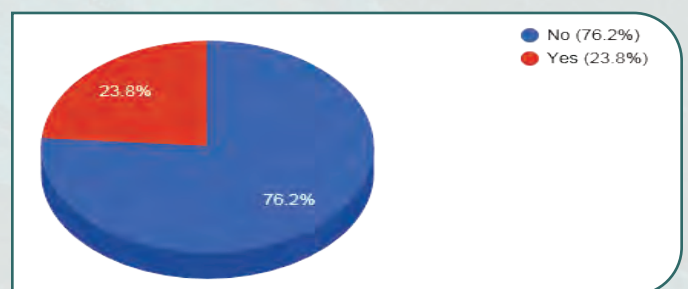
Is the use of traditional language encouraged and spoken in the classroom?



Is physical activity promoted in the daycare?



Is the use of traditional language encouraged and spoken in the daycare?



Submitted by Kim Spence, Treatment Manager

MMPHL DAY PROGRAM

MMPHL DAY PROGRAM – A HARM REDUCTION APPROACH

The Program Coordinator commenced employment with the Mikaaming Mino Pimatiziwin Healing Lodge in mid-June 2019. Building on the success of the previous pilot day programs held at the start of 2018, the day program was refined. From the period between June and September several key components to commence the day program in a new space in Pine Falls included the following:

- Meetings and consultations held between MMPHL management including Program Coordinator with partners including senior members of the Interlake-Eastern Regional Health Authority, the Addictions Foundation of Manitoba, Manitoba, Manitoba Harm Reduction Network and the Giigewigamig Traditional Healing Centre. From these meetings we increased our Harm Reduction approach and decreased barriers to intake (e.g. simplified forms with self-referral available).
- Day Program team was hired which included two counsellors, two support workers and a cultural helper.
- The space in the former primary care centre in the Pine Falls hospital was renovated and decorated to reflect a welcoming and Indigenous space.
- Promotional materials were refined and distributed.

Implementation Phase

- The first cycle of the day program commenced October 28, 2019 and ran for six weeks (including some availability over the Christmas break). There were 15 participant intakes, 9 started the program and 6 completed.
- The second cycle commenced on January 6, 2020-February 21, 2020. There were 18 intakes, 16 started the program and 10 completed.
- The third cycle commenced the week of March 6, 2020. There were 12 intakes and assessments had commenced. However, due to the COVID-19 pandemic, we were required to close the program. In response to the COVID-19 pandemic we later arranged phone counselling and home visit appointments for our participants

Cycle	Participant Intakes/Referrals	Participant Assessments/Started the Program	Participants Completed (Retained)
1. Oct 28/19-Dec 31/19	15	9	6
2. Jan 6/20-Feb 21/20	18	16	10
3. March 9/20 (commenced cycle)	12	11	(interrupted due to COVID)

MMPHL DAY PROGRAM

Evaluation

Evaluation surveys were given to participants after each session and at the completion of the program.

Key findings included:

- Participants rated facilitators' knowledge as 8.8 out of 10, and experience attending sessions as 8.7 out of 10 in terms of their satisfaction.
- In terms of assessing change 92% reported change in dealing with guilt, 100% in how they dealt with anger, 55% for loneliness, 85% in how they viewed their personal strength, 88% reported change in physical well-being and importance of self-care and medical wellness and 93% in how they improved their ability to help themselves.
- 100% reported that they received "a lot" of support from the Healing Lodge
- Participants reported that they felt safe with the physical environment at the Day Program Healing Lodge (group sessions, counselling and ceremony) as well as in vehicles.
- For what participants liked least about the program they reported that some participants yelled or swore or talked about using drugs on occasion.

Summary & Future Direction

There was a large amount of work and change that occurred in a short amount of time in order to launch the day program from the new location, with a fairly new team. Feedback from participants was positive overall. We incorporated a harm reduction approach to become more inclusive and reflective of the community which we serve.

The onset of the pandemic brought new challenges to services delivery with some remote or virtual services being implemented. The size of our session room is a barrier to delivering in-person in the current environment, given the need for social distancing. Future groups will be held in the residential gym or ideally in an expanded building on site.



Submitted by Program Coordinator, Day Program: Tracey Mager

HUMAN RESOURCE REPORT

APRIL 2019 – APRIL 2020

Over the past year Mikaaming Mino Pimatiziwin Healing Lodge's Human Resource has focused on meeting Accreditation Standards, staff recruitment, and staff retention.

To meet our accreditation standards in staff development and training we were able to provide Quality Improvement Training, Medication Administration Training, Infectious Disease Control Training, Aboriginal Awareness and Diversity Training, First Aid/CPR Training, Self-Harm/Injury Training, Applied Suicide Intervention Skills Training (ASIST), and Non-Violent Crisis Intervention Training. We have also provided Traditional Parenting Workshops, First Nation Mental Health First Aid Training, Harm Reduction Training, and Traditional Teachings throughout the year.

The Mikaaming Mino Pimatiziwin Healing Lodge Inc. is proud to say we also support other training/education efforts such as Community Centered Therapy Program, Focussing Oriented Therapy, Health & Safety Committee Training, Administrative Support Training, and Management Training. The Training and Education efforts of the Centre are to promote recruitment and retention of staff, which in turn promotes low turnover rates, MMPHL's turnover rate during this period was 15%.

Mikaaming Mino Pimatiziwin Healing Lodge Inc. offers Competitive Wages, Room for Advancement, Staff Appreciation Incentives, Ample Opportunities for Training, and a Supportive Management Team.

Mikaaming Mino Pimatiziwin Healing Lodge
Financial Statements
March 31, 2020



Independent Auditor's Report

To the Board of Directors of Mikaaming Mino Pimatiziwin Healing Lodge:

Opinion

We have audited the financial statements of Mikaaming Mino Pimatiziwin Healing Lodge (the "Organization"), which comprise the statement of financial position as at March 31, 2020, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2020, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organization in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organization's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit

evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Winnipeg, Manitoba

August 19, 2020

MNP LLP

Chartered Professional Accountants


MNP

Mikaaming Mino Pimatiziwin Healing Lodge
Statement of Financial Position

As at March 31, 2020

	2020	2019
Assets		
Current		
Cash (Note 4)	1,876,014	1,350,750
Accounts receivable (Note 5)	48,963	29,475
Restricted cash	74,394	528,222
	1,999,371	1,908,447
Capital assets (Note 6)	3,457,446	3,102,985
	5,456,817	5,011,432
Liabilities		
Current		
Accounts payable and accruals (Note 7)	218,364	248,413
Deferred contributions for capital assets (Note 8)	3,323,606	3,364,710
	3,541,970	3,613,123
Contingency (Note 9)		
Net Assets		
Net assets (Note 11)	1,914,847	1,398,309
	5,456,817	5,011,432

Approved on behalf of the Board of Directors



Director



Director

The accompanying notes are an integral part of these financial statements



Mikaaming Mino Pimatiziwin Healing Lodge

Statement of Operations

For the year ended March 31, 2020

	2020	2019
<hr/>		
Revenue		
First Nations and Inuit Health	3,638,357	3,769,218
Other revenue	44,122	20,910
Revenue deferred in prior year for capital assets	14,710	22,294
Revenue deferred to subsequent year for capital assets	(9,806)	(14,710)
Revenue deferred from prior year for renovation project	3,350,000	2,900,000
Revenue deferred to subsequent year for renovation project	(3,313,800)	(3,350,000)
	<hr/>	<hr/>
	3,723,583	3,347,712
<hr/>		
Expenses		
Accreditation	20,021	34,945
Amortization	429,336	81,871
Bank charges and interest	6,812	6,308
Board expenses	60,156	58,285
Classroom and daycare supplies	7,806	7,161
Consulting	74,542	48,311
Food	94,290	46,371
Insurance	73,973	57,885
Native healing	46,866	35,806
Office	4,086	31,603
Professional fees	33,060	18,215
Program expense	281,012	26,819
Promotion	17,698	29,300
Rent	61,366	60,376
Repairs and maintenance	102,372	152,259
Salaries and benefits	1,690,634	1,452,820
Telephone and utilities	87,593	85,505
Training and education	57,657	141,757
Travel	57,765	85,593
	<hr/>	<hr/>
	3,207,045	2,461,190
<hr/>		
Excess of revenue over expenses	516,538	886,522
<hr/>		

The accompanying notes are an integral part of these financial statements

Mikaaming Mino Pimatiziwin Healing Lodge
Statement of Changes in Net Assets

For the year ended March 31, 2020

	<i>2020</i>	<i>2019</i>
Net assets, beginning of year	1,398,309	511,787
Excess of revenue over expenses	516,538	886,522
Net assets, end of year	1,914,847	1,398,309

The accompanying notes are an integral part of these financial statements

Mikaaming Mino Pimatziwin Healing Lodge

Statement of Cash Flows

For the year ended March 31, 2020

	2020	2019
Cash provided by (used for) the following activities		
Operating		
Excess of revenue over expenses	516,538	886,522
Amortization	429,336	81,871
Change in deferred revenue for renovation project	(36,200)	450,000
Change in deferred revenue for capital assets	(4,904)	(7,584)
	904,770	1,410,809
Changes in working capital accounts		
Accounts receivable	(19,488)	24,308
Restricted cash	453,828	2,155,296
Prepaid expenses and deposits	-	10,962
Accounts payable and accruals	(30,049)	186,571
	1,309,061	3,787,946
Investing		
Purchase of capital assets	(783,797)	(2,727,134)
	525,264	1,060,812
Increase in cash resources	525,264	1,060,812
Cash resources, beginning of year	1,350,750	289,938
	1,876,014	1,350,750
Cash resources, end of year	1,876,014	1,350,750

The accompanying notes are an integral part of these financial statements

Mikaaming Mino Pimatiziwin Healing Lodge

Notes to the Financial Statements

For the year ended March 31, 2020

1. Incorporation and nature of the organization

Sagkeeng Mino Pimatiziwin Family Treatment Centre Inc. ("the Organization") was incorporated in the Province of Manitoba as a corporation without share capital on March 23, 2004 and began independent operations on November 1, 2004. On January 10, 2020, the Organization changed its name to Mikaaming Mino Pimatiziwin Healing Lodge. The Organization carried on its activities without pecuniary gain and with its mandate to treat families of First Nation and Inuit ancestry with substance abuse problems. The corporation is exempt from corporate taxation.

2. Change in accounting policies

Capital Assets Held by Not-for-Profit Organizations

Effective April 1, 2019, the Organization adopted the Accounting Standard Board's (AcSB) new accounting standards improvements for not-for-profit organizations related to capital assets under Section 4433 *Tangible Capital Assets Held by Not-for-Profit Organizations*. Applying this new Section results in changes to the determination of impairment and write-downs of capital assets and allows for the recognition of partial impairments of these assets. The Organization elected under the transitional provisions to apply the requirements for componentization and recognize partial impairments of capital assets existing at the date of initial application.

Pursuant to the transitional provisions, this change was applied prospectively, and the prior periods have not been restated. The impact of this change in accounting policy for March 31, 2020 was nil.

3. Significant accounting policies

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations as issued by the Accounting Standards Board in Canada and include the following significant accounting policies:

Cash

Cash includes balances with bank. Cash subject to restrictions that prevent its use for current purposes is included in restricted cash. At March 31, 2020, \$74,394 (2019 - \$528,222) of cash was restricted by the Organization for a renovation project.

Revenue recognition

The Organization follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Revenue received which is designated for capital purchases is deferred in the year of receipt and recognized annually at the same rate as amortization for the related assets.

Other revenue is recognized when services are provided and collectibility is reasonably assured.

Capital assets

Purchased capital assets are recorded at cost. Contributed capital assets are recorded at fair value at the date of contribution if fair value can be reasonably determined.

Amortization is provided using the straight-line method at the following rates intended to amortize the cost of assets over their estimated useful lives. No amortization is taken on assets under construction until the assets are in use.

	Rate
Automotive	6 years
Computer equipment	3 years
Equipment	5 years
Furniture and fixtures	10 years
Office equipment	5 years
Leasehold improvements	10 years

3. Significant accounting policies *(Continued from previous page)*

Use of estimates

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements, and the reported amounts of revenue and expenses during the reporting period.

Accounts receivable are stated after evaluation as to their collectability and an appropriate allowance for doubtful accounts is provided where considered necessary. Amortization and deferred contributions for capital assets are based on the estimated useful lives of capital assets.

These estimates and assumptions are reviewed periodically and, as adjustments become necessary they are reported in operations in the periods in which they become known.

Long-lived assets

Long-lived assets consist of capital assets. Long-lived assets held for use are measured and amortized as described in the applicable accounting policies.

The Organization performs impairment testing on long-lived assets held for use whenever events or changes in circumstances indicate that the carrying value of an asset, or group of assets, may not be recoverable. Impairment losses are recognized when undiscounted future cash flows from its use and disposal are less than the asset's carrying amount. Impairment is measured as the amount by which the asset's carrying value exceeds its fair value. Any impairment is included in operations for the year.

Deferred revenue

Revenue is recognized as it becomes receivable under the terms of applicable funding agreements. Funding received under funding arrangements that relate to a subsequent fiscal period is reflected as deferred revenue on the statement of financial position in the year of receipt, and is matched with the related program expenses in the year of their occurrence.

Deferred contributions for capital assets

Deferred contributions for capital assets represent the unamortized portion of funding contributions for capital assets. Recognition of these amounts as revenue is deferred and recognized as revenue when the related capital assets are amortized.

Financial instruments

The Organization recognizes its financial instruments when the Organization becomes party to the contractual provisions of the financial instrument. All financial instruments are initially recorded at their fair value.

At initial recognition, the Organization may irrevocably elect to subsequently measure any financial instrument at fair value. The Organization has not made such an election during the year.

The Organization subsequently measures investments in equity instruments quoted in an active market at fair value. Fair value is determined by published prices. Investments in equity instruments not quoted in an active market are subsequently measured at cost less impairment. With the exception of those instruments designated at fair value, all other financial assets and liabilities are subsequently measured at amortized cost.

Transaction costs and financing fees directly attributable to the origination, acquisition, issuance or assumption of financial instruments subsequently measured at fair value are immediately recognized in the excess of revenue over expenses for the current period. Conversely, transaction costs and financing fees are added to the carrying amount for those financial instruments subsequently measured at amortized cost or cost.

Mikaaming Mino Pimatiziwin Healing Lodge Notes to the Financial Statements

For the year ended March 31, 2020

4. Cash

	2020	2019
Cash in bank	1,780,123	1,256,459
Redeemable GIC - maturing November 2020, earning interest at 1.20% (2019 - 1.15%).	95,891	94,291
	1,876,014	1,350,750

5. Accounts receivable

	2020	2019
Trade and other receivables	9,746	16,435
First Nations and Inuit Health	34,537	-
GST receivable	4,680	13,040
	48,963	29,475

6. Capital assets

	2020 Cost	2020 Accumulated amortization	2020 Net book value
Automotive	127,689	126,706	983
Computer equipment	88,560	88,218	342
Equipment	702,897	673,505	29,392
Furniture and fixtures	316,119	258,116	58,003
Leasehold improvements	3,867,962	499,331	3,368,631
Office equipment	45,164	45,069	95
	5,148,391	1,690,945	3,457,446

	2019 Cost	2019 Accumulated amortization	2019 Net book value
Automotive	126,510	122,726	3,784
Computer equipment	88,560	85,971	2,589
Construction in progress	2,913,706	-	2,913,706
Equipment	697,868	650,451	47,417
Furniture and fixtures	316,119	237,454	78,665
Leasehold improvements	176,668	120,035	56,633
Office equipment	45,164	44,973	191
	4,364,595	1,261,610	3,102,985

Mikaaming Mino Pimatiziwin Healing Lodge
Notes to the Financial Statements

For the year ended March 31, 2020

7. Accounts payable and accruals

	2020	2019
Trade payables and accruals	11,051	92,462
Wages payable	207,313	155,951
	218,364	248,413

8. Deferred contributions for capital assets

	2020	2019
Balance, beginning of year	3,364,710	2,922,294
Revenue recognized during the year for capital assets	(4,904)	(7,584)
Revenue received during the year for renovation project	332,000	450,000
Revenue recognized during the year for renovation project	(368,200)	-
	3,323,606	3,364,710

9. Contingency

The Organization is subject to funding recoveries according to its agreements with First Nations and Inuit Health. Recoveries, if any, will be accounted for in the year of determination.

10. Commitments

The Organization has an occupancy agreement with the Sagkeeng First Nation for 1 year at an annual payment of \$64,326 which expires April 1, 2021.

Mikaaming Mino Pimatiziwin Healing Lodge

Notes to the Financial Statements

For the year ended March 31, 2020

11. Net assets

First Nations and Inuit Health provides funding for the operations of the Organization. Included in the funding provided is an amount specific to future replacement of eligible capital assets, referred to as moveable assets. As at March 31, 2020 the Organization had received \$149,451 more (2019 - \$122,252) than the related purchases of eligible moveable assets.

The table below reflects management's tracking of the Organization's net assets.

	2020	2019
Moveable asset funded reserve, beginning of year	122,252	94,291
Funding for moveable asset replacements	49,110	48,147
Eligible purchases	(21,911)	(20,186)
Moveable asset funded reserve	149,451	122,252
Unrestricted net assets	1,558,962	1,104,023
Invested in capital assets	206,434	172,034
Net assets, end of year	1,914,847	1,398,309

12. Economic dependence

The Organization's primary source of revenue is through the federal government's First Nations and Inuit Health. The funding can be cancelled if the Organization does not observe certain established guidelines. The Organization's ability to continue viable operations is dependent upon maintaining its right to follow the criteria within the federal government guidelines. The Organization believes that it is in compliance with the guidelines.

13. Financial instruments

The Organization, as part of its operations, carries a number of financial instruments. It is management's opinion that the Organization is not exposed to significant interest, currency, credit, liquidity or other price risks arising from these financial instruments.



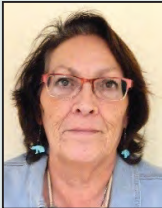
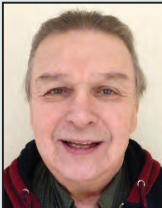

14. Significant event

There was a global outbreak of COVID-19 (coronavirus), which has had a significant impact on businesses through the restrictions put in place by the Canadian, provincial and municipal governments regarding travel, business operations and isolation/quarantine orders. At this time, it is unknown the extent of the impact the COVID-19 outbreak may have on the Organization as this will depend on future developments that are highly uncertain and that cannot be predicted with confidence. These uncertainties arise from the inability to predict the ultimate geographic spread of the disease, and the duration of the outbreak, including the duration of travel restrictions, business closures or disruptions, and quarantine/isolation measures that are currently, or may be put, in place by Canada and other countries to fight the virus.

15. Comparative figures

Certain comparative figures have been reclassified to conform with current year presentation.

Board of Directors

Board Member		Representing
	<p><i>Lynn Courchene</i></p> <p>Board President/ Chairperson</p>	Sagkeeng First Nation, Manitoba
	<p><i>Ron Linklater</i></p> <p>Board Vice President</p>	Couchiching First Nation Treaty #3, Ontario
	<p><i>Marcella Fontaine</i></p> <p>Board Secretary/ Treasurer</p>	Sagkeeng First Nation, Manitoba
	<p><i>Albert Tait</i></p> <p>Board Member</p>	Norway House First Nation, Manitoba
	<p><i>Kathy Kishiqueb</i></p> <p>Board Member</p>	Onigaming First Nation Treaty #3, Ontario



Mikaaming Mino Pimatiziwin

Healing Lodge Staff

Bernalda Robinson, *Executive Director*

Wanda Alexander, *Office Manager*

Jacqueline Morrisseau, *Human Resource Manager*

Kimberly Spence, *Treatment Manager*

Larry Guimond, *Head Maintenance*

Tracey Mager, *Program Coordinator*

Danielle Bruyere, *Office Clerk*

Kachina Barnard, *Administrative Assistant*

Merle Fontaine, *Intake/Aftercare Coordinator*

Melvin Robinson, *Cultural Advisor*

Vernon Paul, *Cultural Helper Advisor*

Giselle Courchene, *Family Counsellor*

Charles Courchene, *Family Counsellor*

Darlene Loane, *Family Counsellor*

Lorraine Courchene, *Family Counsellor*

Whitney Munro-Bruyere, *Family Counsellor*

Crystal Laforte, *Counsellor*

Samuel Bruyere, *Counsellor*

Lucette Dube, *Early Childhood Educator*

Jennika Courchene, *ECE Assistant*

Patricia Robertson, *Support Worker*

Erin Bruyere, *Support Worker*

Noah Robinson, *Support Worker*

Sandra Swampy, *Support Worker*

Loretta Starr, *Support Worker*

Tessa Lemire, *Support Worker*

Michelle Fontaine, *Support Worker*

Alicia Spence, *Support Worker*

Tracy Guimond, *Casual Support Worker*

Hailie Bruyere, *Casual Support Worker*

Cameron Laforte, *Casual Support Worker*

Jake Walker, *Casual Support Worker*

Zaagaate Jock, *Casual Support Worker*

Irene Eaglestick, *Casual Support Worker*

Keagan S. Gerrard, *Casual Support Worker*

Krystal Starr, *Casual Support Worker*

Sarah Spence, *Casual Support Worker*

Nicholas Munro-Bruyere, *Casual Support Worker*

Kayla Eaglestick, *Casual Support Worker*

Terrance Mann, *Kitchen Supervisor*

Melanie Chartrand, *Cook*

Cody-Marie Smith, *Cook*

Anita Simard, *Casual Cook*

Walter Desjarlais, *Maintenance*

Christopher Fontaine, *Maintenance*

Braedan Newton, *Casual Maintenance*

Timothy Courchene, *Night Security*

Leslie Sinclair, *Night Security*

Wayne Courchene, *Night Support*

Tiffany Mann, *Night Support*





2019—2020 Annual Report



HEALING LODGE

